Alberta Recreation and Parks Association

2010 Youth Development Through Recreation Services Symposium
Who is ARPA?

ARPA is a provincial, not-for-profit charitable organization that operates with a volunteer Board of Directors. ARPA has many members representing thousands of Albertans across the province. ARPA members include community and public recreation agencies throughout Alberta, along with educators, business, elected, lay and student members.
Mission

“Building healthy citizens, their communities and their environments throughout Alberta”
Committees

Advocacy
Education and Professional Development
Infrastructure and Utilities
Communications and Marketing
Parks and Open Space
Awards and Scholarships
Children and Youth
Member Services
Community Sport Development
Professional Development

• ARPA Conference (October 21-23, 2010)
• Parks Forum
• Youth Development Through Recreation Services Symposium
ARPA Programs

• ACE Communities
• Communities in Bloom
• Facility Inventory Tracker System (FITS)
• June is Recreation and Parks Month
• Everybody gets to play™
• HIGH FIVE®
• Sogo Active
• Kids at Hope
Other Initiatives

- Afterschool Recreation
- Children in Nature
- Physical Literacy
- Eco-Energy Assessments
- Tripartite Partnership
Celebrations of Excellence

• Recreation Industry Awards of Excellence
  • Thursday, April 15, 2010
  • Keynote: John Furlong

• Lieutenant Governor’s Leadership for Active Communities Award
ACE Communities

Characteristics of an ACE Community:
• Diverse recreation and active living opportunities
• A sense of belonging
• Citizens involved in decision making
• Strong volunteer involvement
• Inviting, sustainable design
• A high quality of life available and accessible to all
Communities in Bloom is committed to fostering civic pride, environmental responsibility and beautification through community participation and the challenge of a friendly competition.
HIGH FIVE®

- Canada’s only Quality Assurance Standard for recreation and sport programs for children aged 6-12.
- *HIGH FIVE®* provides a range of training, assessment tools and resources to ensure that organizations can deliver the highest quality programs possible.
• Enhances the quality of life of Alberta’s children and youth in low-income families through increased access to, and participation in, recreation opportunities

• A toolkit is available which outlines the Community Mobilization Process and includes many tools and resources to aid the process

• Day-long workshops are led by Ambassadors
• Sogo Active is unlike any other youth fitness initiative because it gives young Canadians the tools to design, change and control their individual active plan.

• Youth with agencies can apply for grant money to support active living initiatives.

• Over $30,000 has been awarded since January 2009 to youth-serving agencies in Alberta!
Sogo Micro-grants

- Promotes sustainable physical activity
- Youth must have been involved in the decision-making process
- Funds to be used to:
  - Reduce barriers to participation (any barriers!)
  - Add value to an existing activity
- This isn’t a writing contest!
The Youth Challenge / The Park Church

- Faith-based activity
- 1 weekend event ⊑ ineligible under Phase I
- Learn about the organization / event
  - Reframing to determine other fits
- Weekly youth group meeting with physical activity element included
  - Expanded to introduce youth to a broader range of physical activities
Town of Carstairs

• Youth consultations to identify their preferences
• Community commitment to initiative
• Funded amount of 2 portable basketball nets – matching grant to be obtained by the community
Local Active Living Hot Spot Tour

• Town of Penhold
• Purpose is primarily to spark interest, gather information and engage youth by introducing them to opportunities
• Provide information about services and experience activities available in the area
• Originally joint effort between the Boys and Girls Club and The Town of Penhold Recreation Department but reduced to Town due to overwhelming interest
High Level Youth Activity Centre

• The adjoined Native Friendship Centre had burned and there was significant damage to the YAC

• Funds provided to replace damaged equipment
Swan Hills Youth Empowerment Society

- Phatt Bears initiative for inactive teenage girls
- Provides no-cost opportunities to participate in different types of dancing
- Learn about nutrition in a comfortable environment.
City of Leduc

- Sogo Swim Night
- Provides subsidies to youth to participate in youth-only swims for a total of 22 swim nights
- By assisting with the facilities cost, youth pay only $2.00 to participate in swims
Camrose Spirals

• Tour to local communities to demonstrate how to put an extreme twist to a traditional sport to make it an innovative and appealing option for youth

• Toured as far as 700km!
Kids at Hope

Kids at Hope inspires, empowers, and transforms families, youth-serving organizations and entire communities to create an environment where all children experience success, NO EXCEPTIONS!
Kids at Hope

Three Universal Truths:
1. Children succeed when they are surrounded by adults who believe they can succeed, no exceptions;
2. Children succeed when they have meaningful and sustainable relationships with caring adults;
3. Children succeed when they can articulate their future in four domains.
Kids at Hope

Redefining success to 4 destination points:

1. Education & Career
2. Home & Family
3. Community & Service
4. Hobbies and Recreation
Kids at Hope

4 ACES:
♥ - Anchor Parent
♦ - Opportunities to Succeed
♠ - High Expectations
♣ - Other Caring Adults
## Kids at Hope

### PILOT COMMUNITIES

<table>
<thead>
<tr>
<th>Community</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Airdrie (2)</td>
<td>MD of Opportunity</td>
</tr>
<tr>
<td>Bashaw</td>
<td>Paddle Prairie</td>
</tr>
<tr>
<td>Berwyn</td>
<td>Red Deer</td>
</tr>
<tr>
<td>Hanna</td>
<td>Strathmore</td>
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<tr>
<td>High Level</td>
<td></td>
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</tbody>
</table>
Kids at Hope

2010 Tour of Hope with Rick Miller, Founder and Chief Treasure Hunter, coming to Alberta from April 6-14, 2010!
Kids at Hope

I am a Kid at Hope. I am talented, smart and capable of success. I have dreams for the future and I will climb to reach those goals and dreams everyday. All kids are capable of success, NO EXCEPTIONS!